The brightest in the field

The University of Minnesota Veterinary Medical Center (VMC) is one of the nation’s largest, most comprehensive veterinary health centers. The Medical Center has over 50 board-certified veterinary specialists on staff, more than 10 of whom work with equine cases. The VMC sees more than 45,000 cases a year.

Anna Firshman, BvSC, MRCVS, Ph.D.
Dr. Firshman is an assistant professor in the College of Veterinary Medicine. She has a special interest in rehabilitation therapy.

Stephanie Valberg, DVM, PhD, Diplomate ACVIM
Dr. Valberg is a professor in the College of Veterinary Medicine and the director of the University of Minnesota Equine Center. A board-certified veterinarian with a Ph.D. in exercise physiology, she specializes in muscle and neurological problems.

Appointments
Horses may be scheduled for evaluation Monday through Friday from 10 a.m. to 4 p.m. After a physical examination and review of your horse’s medical records, our staff will formulate a rehabilitation or conditioning program based on individual needs. Package prices for extended therapy and long-term conditioning are available.

For an appointment or more information, call 612-625-6700.
Physical therapy for your equine partner

The University of Minnesota Equine Center is not just for sick or injured horses. Your healthy, sound partner can also benefit from the knowledgeable staff and state-of-the-art facilities at the Equine Center. The high-speed treadmill and AquaPacer offer conditioning benefits to help your horse build muscle mass, strength, range of motion, and cardiovascular fitness. Let the rehabilitation team at the Equine Center help your partner to the next level.

Available therapies
- Therapeutic exercise program
- Conditioning exercise program
  - Land and water treadmills
- Therapeutic ultrasound
- Shockwave therapy
- Neuromuscular electrical stimulation
- Hot and cold therapy
- Stem-cell therapy

Problems treated with rehabilitation therapy
- Superficial and deep digital flexor tendon injuries
- Suspensory ligament desmitis
- Contracted tendons
- Tying-up, muscle soreness/stiffness, back pain
- Muscle atrophy

Other rehabilitation services
- Post-surgical rehabilitation
- Initial conditioning after lay-up
- Ongoing conditioning

Give your horse the competitive edge